"If we really want to change the world..."

Marcy Axness's efforts to educate our world are vital to our evolution! I'm so glad she's telling the growth-or-protection story because simple fundamentals are where the truth is. — **Bruce H. Lipton**, **PhD**, author, Biology of Belief and Spontaneous Evolution

I know of no one so well equipped educationally, intellectually, emotionally and intuitively to speak to our times. — **Joseph Chilton Pearce**, author, The Biology of Transcendence and Magical Child, and many others

Dr. Axness has distilled compelling evidence from the fields of attachment parenting, preconception, and consciousness research into a readable, inspiring and hopeful book about what we really want to do as parents: raise peaceful people. Parenting For Peace gives us a roadmap. — Peggy O'Mara, Mothering editor-in-chief

Do yourself, your children, and our human family the service of reading and applying Marcy Axness's wisdom. As a pediatrician, I've watched her put her vision into action over two decades. I heartily endorse the sound, simple yet revolutionary guidance she offers. — Jay N. Gordon, MD

Marcy Axness lays down the simple but profound principles and practices required to raise generations comfortable in their hearts and happy with themselves. A tranquil revolution of the soul and of the home that would benefit all humanity. — Gabor Maté, MD, author, Scattered

Passionate and intelligent yet also profoundly simple, Parenting for Peace provides parents with the tools and support they need to create peace and participation in their families, their communities and the world. Highly

recommended. - Sarah J. Buckley, MD, author, Gentle Birth, Gentle Mothering: A Doctor's Guide to Natural Childbirth

I applaud Marcy for calling attention to the importance of protecting the sanctity of the embryonic universe. World peace will only ensue from womb peace. – **Thomas R. Verny,** MD, author, The Secret Life of the Unborn Child

Parenting for Peace is the ultimate thinking person's guide to nurturing a compassionate child from conception through adolescence. – **Scott Blum**, author, Waiting for Autumn and Winter Moon Rises

A significant aggregate of knowledge and wisdom woven into a very understandable story. It is well organized and clear, and could be considered "A Manifesto for Humanity," rather than a parenting book. — Patrick Houser, author of Fathers-To-Be Handbook

Dr. Axness brings a clear voice to the number one task for families and societies: to raise citizens committed to cultures of peace through the gift of knowing peace right from the start. And we can do so by "raising ourselves," in consciousness. – **Raffi Cavoukian**, children's entertainer, and editor, Child Honouring: How to Turn This World Around

In the midst of our global human, economic and environmental crises, we have been overlooking a powerful—perhaps the *most* powerful—means of fostering peace and prosperity: the consciousness with which we bring our children to life and shepherd them into adulthood. If we really want to change the world, we need to raise a generation "built for peace" from their earliest beginnings. *Parenting for Peace* is a scientific roadmap for how to hardwire kids with the brain circuitry for such essential peacemaker capacities as empathy, trust, self-regulation and imagination. The win-win is that a child wired in this vibrantly healthy way is a joy to parent, and later he or she will go out into our world equipped to creatively and confidently innovate solutions, and take pleasure in doing so!

PARENTING
for
PEACE

RAISING THE
NEXT GENERATION
OF PEACEMAKERS

MARCY AXNESS, PhD

Marcy Axness, Ph.D., is a top blogger and expert panel member at Mothering, and is a popular international speaker. A professor of prenatal development, Marcy also has a private practice coaching parents-in-progress, and provides training for childcare, adoption, education, and mental health professionals about the latest findings in the science of human thriving. She feels that one of her most important credentials is that she has raised two peacemakers—Ian and Eve, both in their twenties.